

## **RAM Series for High School Students & Parents**

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**HIGH SCHOOL STUDENTS & PARENTS!** We are so excited that you can be involved with your sons and daughters throughout this RAM series. There are five major areas, captured in the acronym FACES, to get to know about a good friend and especially a dating partner that will reveal the character and relationship potential of that person. These areas are tucked in the RAM tool that will help your students know how to guard their hearts while they use their heads! Make sure you use the ***Parent Guide*** to understand their lessons each week, to have questions for meaningful at-home family conversations, and to discover the five keys for building healthy relationship skills in your kids!

**WEEK ONE:** Read **pages 38-42, 74-75** (top of page) and then discuss together the questions on **pages 75** about how to build healthy and safe friendships and dating relationships.

**WEEK TWO:** Read Truth 2 on **pages 46-47, 76** and then discuss together the questions on **pages 76** about how to look at someone's family background to understand the ways friends and/or dating partners act in relationships.

**WEEK THREE:** Read Truth 3 and 4 (**pp. 48-53, 76-77**) and then discuss together the questions on **pages 77-78** about how to look at someone's conscience and compatibility potential.

**WEEK FOUR:** Read Truth 5 and 6 (**pp. 54-59, 78-79**) and then discuss together the questions on **pages 78-79** about how to look at someone's relationship skills and track record with others to understand how they will treat you.

**WEEK FIVE:** Read Truth 7 and 8 (**pp. 60-65, 78-79**), and then discuss together the questions on **pages 80-81** about building safe trust and reliance in their relationships.

**WEEK SIX:** Read Truth 9 and 10 (**pp. 66-71, 81-82**) and then discuss the questions on **page 81-83** about healthy and risky commitments and setting boundaries in the physical relationship in dating.