

## Session Four: Video Notes



Rely is the feeling of \_\_\_\_\_ that comes from what you do for your spouse, and what your spouse does for you.

This session focuses on two areas of reliability: the \_\_\_\_\_ and the \_\_\_\_\_ of a reliable partner.

The qualities of a spouse you can rely on include being consistent, available, responsive and \_\_\_\_\_.

When you apply the Golden Rule to marriage, it means that you become the \_\_\_\_\_ of your spouse.