

MORGAN CHARITY VAN EPP CUTLIP

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EDUCATION

Counseling Psychology

Ph.D., August 2013

The University of Akron, Akron, OH

Advisor: John Queener, Ph.D.

Dissertation: A Qualitative Examination of the Relationship Attachment Model (RAM) with Married Individuals

Human Development & Family Science

M.S., June 2006

The Ohio State University, Columbus, OH

Advisor: Ted Futris, Ph.D.

Psychology

B.S., May 2004

Miami University, Oxford, OH

CLINICAL EXPERIENCE

Relationship Consultation. San Clemente, California.

September 2017-present.

Relationship Consultant. Provides relationship consultation and education sessions to individuals and couples looking to improve how they build, grow, and maintain their relationships.

Counseling and Psychological Services. George Mason University. Fairfax, VA.

July 2011-July 2013.

Intern. Provided brief and long-term individual and couple therapy for students at a large, diverse campus just outside of Washington, DC. Conducted group therapy, specialized in working with student Veterans. Created and presented outreach presentations and collaborated with the Office of Sexual Assault to develop and run a relationship group for women. Participated in three hours of weekly on-site supervision for two years.

The Counseling Center. The University of Akron, Akron, OH.

August 2008-May 2009. Supervisor: Katharine Hahn, M.S. and Gregory Robinson, Ph.D.

Counselor. Provided brief and long-term individual therapy for students at an urban commuter campus with open admissions policy. Worked with a range of SES, men, and Asian American students with a range of concerns including Depression, Social Anxiety, Spirituality, Rage, Relationship Concerns, ADHD, Career Concerns, and Suicidal Ideation and Threats. Conducted educational, personal, and career counseling. Conducted comprehensive personality and ADHD/LD assessments. Created and presented outreach presentations about time management, stress management, and conformity. Participated in bi-weekly didactic

training in Biofeedback-relaxation training, career counseling, LD assessments, ADHD, and outreach presentations. Participated in two hour weekly on-site supervision.

Louis Stokes Cleveland VA Medical Center. Wade Park Campus, Cleveland, OH.

January 2008-May 2008. Supervisor: Graham Young, Ph.D.

Counselor. Provided therapy for United States military veterans for a range of concerns including Depression, Homicidal Ideation, Grief, Substance Abuse, Physical Abuse, and Lack of Resources. I worked with mostly African American clients from predominantly low income backgrounds.

The Clinic for Individual and Family Counseling. The Department of Counseling, Akron, OH.

May 2007-May 2008. Supervisor: Stacey Hancock, PsyD and John Queener, Ph.D.

Counselor. Provided individual therapy for community members with limited resources in Akron, OH. Work with men, African Americans, and LGB individuals with a range of concerns including PTSD, Sexual Identity, Emotional Abuse, Sexual Abuse, Physical Abuse, Depression, Lack of Resources, Relationship Concerns, ADHD, Career Counseling and Spirituality. Assessed career fit and interests using the MBTI and Strong Interest Inventory. Provided psycho-educational interventions, resources for career exploration, and used Cyclical Psychodynamic Therapy and Cognitive-Behavioral techniques. Provided clinical supervision for master's level practicum students.

The Department of Psychology Counseling Clinic. The University of Akron, Akron, OH.

August 2006-May 2007. Supervisor: Linda Subich, Ph.D.

Counselor: Provided individual therapy for one community member with limited resources. Our work centered around ADHD, patterns of relating in work/personal situations, and past abuse. Participated in weekly peer supervision for two hours, individual supervision for one hour, and group supervision for two hours.

PROFESSIONAL EXPERIENCE

STAT Research & Consulting, May 2009-present.

Provide research and consulting services as an independent contractor. Clients include: Love Thinks, LLC, Professional & Scientific Associates, Bethany Christian Services, The Air National Guard, and the U.S. Border Patrol. Responsibilities include: conducting market research, creating marketing materials, conducting research on relationship education program effectiveness, developing new relationship education programs and program supplements, conducting research on females in the US Army, providing program recommendations to U.S. Army regarding findings.

Professional & Scientific Associates Contractor. January-April 2011.

Contracted to complete a study on the marriages of female US Army soldiers. This work includes developing a web-based survey, collecting data, analyzing data, and writing a final report to summarize the findings. This final report will include recommendations for program development to help these females and their marriages.

Research & Development Contractor. Love Thinks, LLC. May 2009-present.

Research, develop, and market relationship and individual curriculum. Specifically curriculum designed to promote healthy relationships and resilient individuals. Manage instructors who teach the programs and design promotional and educational materials.

Appearance on Marriage Uncensored. March 2009. *The Dating Game has Changed.*
www.marriageuncensored.com

Graduate Research Assistant. Department of Counseling, The University of Akron, Akron, OH.

August 2006-May 2007

Performed literature searches and assisted my advisor, John Queener PhD, with his research.

Graduate Research Assistant. Department of Human Development & Family Science, The Ohio State University, Columbus, OH.

July 2004-June 2006

Performed literature searches and summaries, developed surveys, collected, entered, and analyzed data, authored manuscripts, reports, and presentations. Projects include:

- *The Impact of a Relationship Education Program on Single U.S. Army Soldiers.* This evaluation of a relationship program delivered to Army soldiers examined changes in knowledge and attitudes about relationship development and marriage as a result of participation in the program. At the conclusion of the program, participants demonstrated an increase in their understanding of the crucial areas to explore and discuss in a premarital relationship and, overall, exhibited more favorable attitudes and beliefs about marriage and mate selection.
- *The effects of mentoring on teen mother's well-being.* The efficacy of the Teen Mothers Encouraged by a Mentor (T.E.A.M.) program was examined with over 100 pregnant and parenting teens who participated in the program between 2001-2005. Overall, teens who were involved in the mentoring program exhibited fewer difficulties with the transition to parenthood and lower levels of stress.

Undergraduate Research Assistant. Department of Psychology, Miami University, Oxford, OH.

January 2004-May 2004

Assisted a doctoral student with her social psychological experiments on group processes. Administered surveys, conducted interviews, and collected/entered data

Intern at Medina County Job and Family Services. Medina, OH.

May 2003-July 2003

Attended training workshops; observed home visits (cases involving sex abuse, domestic abuse, neglect, child care provider's home inspections, foster home visits); conducted an Adult Protective Services investigation, and completed a home visit.

TEACHING EXPERIENCE

Techniques of Counseling, The Department of Counseling, The University of Akron, Akron, OH.

August 2007-December 2007

Teaching Assistant. Supervised the lab portion of class where master's students practiced counseling techniques. Graded taped mock counseling sessions and homework assignments. Prepared and taught one class lecture.

How to Avoid Marrying a Jerk, The Department of Family and Consumer Science, The University of Akron, Akron, OH.

August 2007

Lecturer. Prepared PowerPoint and lecture material for course. Evaluated students on class participation, performance, and group projects. The workshop course was taught over two weekends to graduate and undergraduate students in Family and Consumer Science.

PUBLICATIONS

Van Epp, J. & Van Epp Cutlip, M. (2016). Relationship Attachment Model (RAM) Programs: PICK and LINKS. In J. Ponzetti (Ed.), *Evidence-based Approached to Relationship and Marriage Education* (pp. 231-252). New York, NY: Routledge.

Van Epp Cutlip, M.C. (2013). A Qualitative Examination of the Relationship Attachment Model (RAM) with Married Individuals. Dissertation, The University of Akron.

Van Epp, M.C. (2011). An Investigation of the High Divorce Rate Among U.S. Female Soldiers. *Final Report Prepared for the Office of the Chief of Chaplains, United States Army.*

Van Epp, M.C., Futris, T.G., Van Epp, J.C., & Campbell, K. (2006). The impact of a premarital relationship education program on single Army soldiers. *Family and Consumer Science Research Journal*, 36, 328-349.

Van Epp, M.C. (2007). Spousal Support and PTSD: Implications for Interventions. *Newsletter of Section VII of the American Psychological Association.*

Van Epp, M.C. (2006). *An exploration of the dating attitudes, beliefs, and behaviors of single Army soldiers and their perceived readiness to marry*. Thesis approved April, 2006.

Futris, T.G., Van Epp, M.C., & Van Epp, J.C. (2005). *The effectiveness of a premarital education program on single U.S. Soldiers: Premarital Interpersonal Choices and Knowledge (P.I.C.K.) Program*. Final report prepared for Deputy under secretary of the Army, Operations Research.

PROFESSIONAL PRESENTATIONS

Cutlip, M.C. (2018). *Relationship Goals: How to Stay Close when Life Pulls You Apart*. Keynote presentation at the Healthy Marriage and Healthy Families Coalition Conference. Dallas, TX.

Cutlip, M.C. (2017). *Millennial Parents*. Keynote presentation at the National Association for Relationship and Marriage Education. Denver, CO.

Cutlip, M.C. (2016). *Helping Millennials Rediscover Dating and Marriage*. Keynote presentation at the National Association for Relationship and Marriage Education. Anaheim, CA.

Van Epp, M.C. (2012). *PICK a Partner Overview*. Keynote presentation at the Women of Purpose Conference Hershey, PA.

Van Epp, J.C. & Van Epp, M.C. (2008, July). *Waiting to Marry and Emerging Adults*. Keynote presentation at the Smart Marriages Annual Conference, San Francisco, CA.

Van Epp, M.C. & Futris, T.G. (2007, August). *The dating beliefs and behaviors of single Army soldiers*. Poster proposal presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Van Epp, M.C., Futris, T.G., & Van Epp, J.C. (2006, November). *The effects of relationship beliefs and behaviors on readiness to marry*. Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Van Epp, M.C., Futris, T.G., & Van Epp, J.C. (2005, November). *The Impact of a Relationship Educational Program on Single U.S. Army Soldiers*. Poster presented at the annual meeting of the National Council on Family Relations, Phoenix, AZ.

Van Epp, M.C., Futris, T.G., Van Epp, J.C. (2005, June). *The Impact of a Relationship Education Program on Single Army Soldiers*. Poster presented at the Smart Marriages Annual Conference, Dallas, TX.

Van Epp, J.C., Futris, T.G., Thomas, R., & Van Epp, M.C. (2005, June). *Pick a Partner for Single Soldiers*. Presented at the Smart Marriages, Annual Conference, Dallas, TX.

Van Epp, J.C. & Van Epp, M.C. (2004, February). *Presentation of the Premarital Interpersonal Choices and Knowledge (P.I.C.K.) Program*. First Things First, Chattanooga, TN.

GRANTS AND AWARDS

Family and Consumer Science Research Journal Article of the Year Award, June 2009. Presented in Knoxville, TN at the Family and Consumer Science Annual Conference.

Marital Stressors of Female U.S. Army Personnel: An Exploratory Study. Sponsored by: Office of the Chief of Chaplains, OCCH-PPDT. (Requested \$76,143 funded February, 2008).

Ohio Council on Family Relations Student National Council on Family Relations Presentation Award,
November 2005

PROFESSIONAL SERVICE

American Psychological Association, Division 12, Section VII for Clinical Emergencies and Crises.

Student Board Member, March 2008-2011.

Compose article for the newsletter on PTSD and Spousal Support. Updated and published the APA accredited internship program directory with specialties in Clinical Emergencies on Section VII's website.

Counseling Psychology Graduate Student Organization, The University of Akron, Akron, OH.

Department of Counseling Representative. August 2006-present.

Assist in planning activities and social hours. Managed the CPGSO membership dues and directory.

Ohio Council on Family Relations

Student Board Member, December 2004-2006.

Participated in meetings to discuss the yearly activities and goals of the Ohio Council on Family Relations. Reviewed submissions for the annual presentation award.

Human Development and Family Science Graduate Committee, The Ohio State University, Columbus, OH.

Orientation Committee Chair, October 2005-June 2006.

Developed the first graduate committee in the department of Human Development and Family Science. Participated in meetings to discuss the goals and the mission statement of the committee. Created and organized local resources for incoming graduate students to be presented to them at orientation. Communicated with incoming graduate students to assist them in answering their questions about the program and area.

PROFESSIONAL AFFILIATIONS

American Psychological Association, Student Affiliate

Division 12, Society for Clinical Psychology

Division 12, Section VII for Clinical Emergencies and Crises

Division 17, Society for Counseling Psychology

Division 19, Society for Military Psychology

The National Council on Family Relations

The Ohio Council on Family Relations

American Association of Christian Counselors

The Association of Marriage and Family Ministries